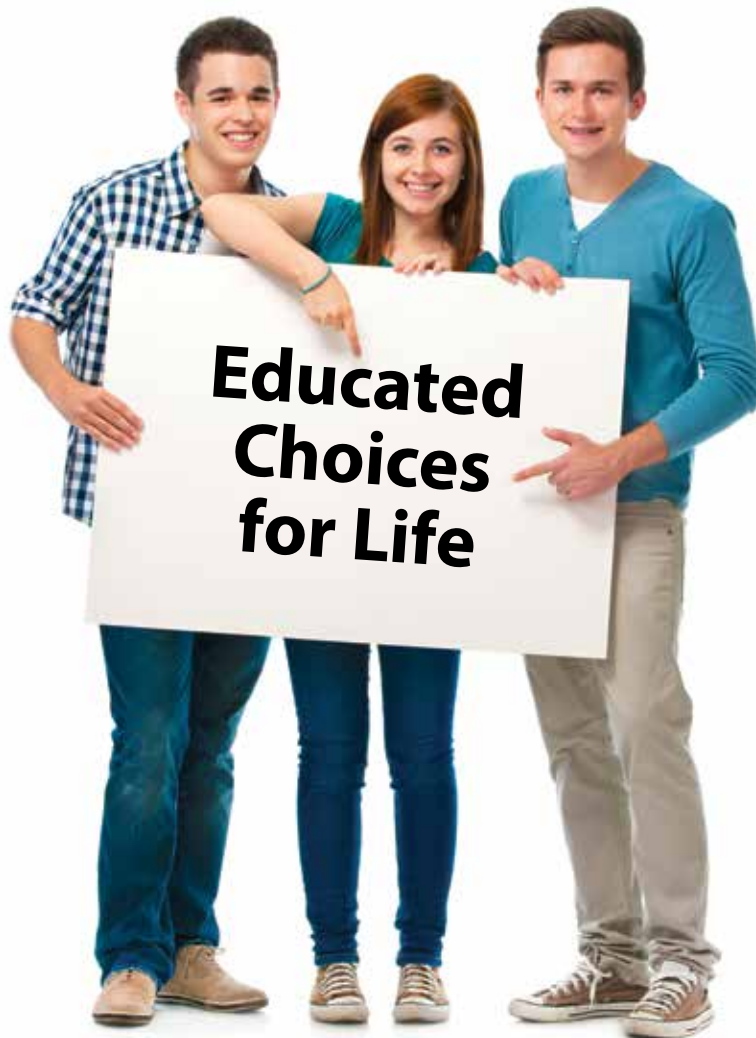




Voices for Choice

Fall 2016

QUARTERLY NEWSLETTER



Citizens for Choice promotes reproductive justice through education, health care access and advocacy. We exist to inform and enable choice.

Voices for Choice

FALL 2016 QUARTERLY NEWSLETTER



PRESIDENT'S LETTER By Kimberly D'Urso, President

OUR TEENS AND SEX

How are the teens in your life going to learn about sex? Some parents see the awkward coming-of-age time in a teen's life as an opportunity to have a comprehensive conversation about sex. They feel it's their responsibility as parents to introduce the conversation. For other parents, though, the thought of a sex talk makes them want to ignore that it's a real possibility or run far, far away—at least until dinner time.

Parents use a variety of tools to approach their teens: love, empathy, science, and sometimes fear, threats and guilt. "Teens and sex" is a topic about which we all have unique approaches. When a parent is comfortable talking about sex with their teen, the focus is on compassion, health and safety, and really listening to your teen. The goal is to offer teens the opportunity to consider their own personal thoughts, commitments and objectives around sex and their health.

Citizens for Choice wishes every parent and teen were able to have honest communication about sex. We prefer parents reach out to their teens and offer accurate medical

information and assist them in obtaining necessary reproductive health services. We want teens to feel safe and empowered to talk to their parents about sex and how they navigate this time in their lives.

But let's be honest—not every parent or teen is comfortable with The Conversation. There is no shame in that. Sometimes the conversation is not going to happen at home. That's where Citizens for Choice hopes to help parents and teens bridge that gap. There is no recipe for the "right" way. The goal is to get your teen the information they need to make healthy reproductive health choices for themselves.

Don't feel comfortable having a conversation with your teen about sex? There are options! Please let them know about The Clinic! right here in Grass Valley, located at 120 Richardson Street. A licensed RN as well as certified Health Workers are available to answer any questions, in addition to the free/low cost services The Clinic! provides. We are open on Mondays and Wednesdays and turn no one way. Rest assured that your teens will

get medically accurate information and the support of a knowledgeable and caring staff.

There are also online resources you can share with your teens or use as a tool to introduce a conversation about sex. Some helpful resources are: teensource.org, to learn about healthy/unhealthy relationships, learn legal rights, research birth control methods, or understand more about the risks of STDs; sexetc.org, a site written by teens for teens; and plannedparenthood.org/teens, a site written by Planned Parenthood dedicated to teens.

Lastly, if you'd like your teen educated in your home, Citizens for Choice also provides our in-home "Know It and Own It" sex-ed talk help. We would be happy to come speak to a group of 4 or more teens in your home. If you'd like more information, contact Kimberly at: kimberlyd.c4c@gmail.com Here's to healthy choices and stronger relationships between parents and teens!

Kimberly D'Urso

COURT RULES AGAINST CHALLENGE TO CRISIS PREGNANCY CENTERS LAW

Citizens for Choice supports the law AB 775 Reproductive FACT Act passed last year which:

Requires certain licensed providers of pregnancy-related services to provide specific information (by posting or distributing) to those served about their reproductive health rights, including:

(1) rights under the Reproductive Privacy Act to use birth control, bear a child or have an abortion; and (2) health insurance coverage of reproductive health services for lower-income individuals, with a contact phone number.

Further requires unlicensed providers of pregnancy-related services to clearly

post and include in their advertising a statement that they are not medical facilities licensed by the state of California and do not have a licensed medical provider on staff.

One reason the bill is needed is to make prospective and current clients of crisis pregnancy centers aware that the centers are not medical facilities, are not licensed, and do not provide prenatal care or comprehensive reproductive healthcare or referrals. Noncompliance by either type of facility is subject to fines: \$500 for the first violation if not corrected within 30 days, and \$1,000 for subsequent offenses.

As of October 2016, in the federal case involving the Nevada County crisis preg-

nancy center (Livingwell Medical Clinic v. Harris, Northern District of California), Livingwell's appeal of the denial of a motion for a preliminary injunction is pending before the 9th Circuit.

Deciding at an early stage in another of the three cases to go to the federal appeals court, the Ninth Circuit in mid-October preliminarily rejected that argument. It denied a preliminary injunction blocking implementation, thus allowing the case to proceed to a full trial on the same question. A similar result is expected in the Livingwell case.



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PUBLIC POLICY By Elaine Sierra, Public Policy Chair

CALIFORNIA BILLS ADVANCING EQUITY AND HEALTH ACCESS

We at Citizens for Choice are pleased to announce another very successful legislative session for us, in terms of promoting reproductive health and access in California. Virtually all of our advocacy priority bills have passed and become law. Most will go into effect on January 1, 2017.

We have already pointed to the repeal of the Maximum Family Grant rule as a singular achievement to increase opportunity and fairness for women and their families. No longer will families receiving California Work Opportunity and Responsibility to Kids (CalWORKS) assistance be denied benefits for their newborns.

Everyday access to birth control and reproductive health care has been made easier by two measures. One allows women to get a year's supply of hormonal birth control at one time, knowing that it will be covered by insurance. Another affords women and men the opportunity to obtain reproductive health care coverage or services without a referral or prior approval.

Expectant and parenting teens should get the accommodations needed to succeed in school after absences due to maternity or paternity, or abortion.



The chances of that happening are greatly increased because of a bill that sets requirements and financial incentives for school districts to honor the rights of such students, and to establish appropriate policies for these students.

Another legislative measure will increase access to health insurance through Covered California for our immigrant populations (without public subsidies), although not until 2019.

More detailed Information on all the California bills on which we have taken positions is posted on our website, at www.citizensforchoice.org/home/policy-activism/ Thank you all for supporting our efforts to

YOUR VOICE!

FOR CHOICE!

Stay Informed!

All your Reproductive 2016 Legislation in one location!

To keep up on public policy visit:
www.citizensforchoice.org/home/policy-activism/

promote reproductive health, rights and justice. Many thanks, too, to our allies in the California Coalition for Reproductive Justice, for joining with us to effect the positive changes we could only have achieved together.

Elaine L. Sierra
Public Policy Director

POSITIONS OPEN ON OUR BOARD!

Please contact us if you are interested in joining our valuable team of board members. Below is a list of positions we wish to fill in order to be more effective with our mission.

We are an all volunteer board which meets one evening a month, with a vested interest in equality, reproductive justice and ensuring that the people in our community have access to reproductive health care in a safe, private and unbiased environment.

Please email us at: info@citizensforchoice.org and tell us about yourself!

2016 VOLUNTEER BOARD MEMBERS

- PRESIDENT Kimberly D'Urso ~ kimberly.c4c@gmail.com
- VICE PRESIDENT ADMINISTRATOR POSITION OPEN!
- VICE PRESIDENT FOR PROGRAMS Sharon O'Hara ~ sharonoh.c4c@gmail.com
- CHIEF FINANCIAL OFFICER Charlotte Cammon ~ charlotte.c4c@gmail.com
- DONOR RELATIONS Marlene Katz ~ marlene.c4c@gmail.com
- SECRETARY Fran Erickson ~ N/A
- MARKETING COORDINATOR POSITION OPEN!
- NEWSLETTER EDITOR Susan Fivelstad ~ susanf.c4c@gmail.com
- OUTREACH COORDINATOR Debra Worth ~ debra.c4c@gmail.com
- VOLUNTEER COORDINATOR POSITION OPEN!

www.CitizensforChoice.org
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Citizens for Choice
P.O. Box 3525, Grass Valley, CA 95945
530-274-3331
phone messages retrieved weekly
email: info@citizensforchoice.org

DONORS

Citizens for Choice thanks the following donors whose generosity was received Fall 2016

Roger and Carolyn Baker
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Aaron Rutledge
Ann and John Shulse
Anita Wald-Tuttle
Robin Wallace
Nancy Weber
Lynn and Jeff Wenzel

NEWS | UPDATES

Many Thanks!

Greg Fancher has been instrumental in helping us to expand condom locations in Grass Valley and Nevada City. We appreciate Greg and thank ALL of our condom fairies for their efforts!



Fall Fundraiser

Looking forward to seeing you this Wednesday night! October 26, 2016 6:30 p.m. For more information visit: www.citizensforchoice.org



Condom Baskets – FALL 2016

Asylum Down
Behind Closed Doors Fantasy Boutique
BriarPatch Co-op
Classic Tattoo
Common Goals
Coopers
CoRR (Community Recovery Resources)
Crazy Horse Saloon and Grill
DVSAAC (Domestic Violence and Sexual Assault Coalition)
Foggy Mountain Music
FoxHound Espresso & Coffee Broaster
Gary's Place Saloon
Goodtimes Boardstore
Grateful Ink Tattoo
HAALo
Dr. E. Lernhardt, MD (PV)
McGees
Mine Shaft Saloon
Sierra Care Pediatrics (GV)
Sierra Care Physicians (PV)
Sierra College Health Services
Sierra Family Medical Clinic (NSJ)
Sierra Mountain Coffee Roasters
Tribal Weaver
WIC (Women, Infants, and Children)

Updated Donation Methods:

Your donations in whatever form is greatly appreciated.

STOCK TRANSFERS: Please take note that Citizens for Choice has changed brokerage firms recently and have new transaction codes. Call 530-271-3018, Marjorie Determan, email: mdeterman@rwbaird.com for those codes. Or call Charlotte Cammon, CFO at 530-272-5330.

PAYPAL: www.citizensforchoice.org

MAIL: Citizens for Choice, PO Box 3525, Grass Valley CA 95945

ESCRIP: We participate in the eScrip programs at both SPD and SaveMart under Citizens for Choice.

Citizens for Choice is a 501 (c) (3) California Public Benefit Corporation which assures that your gifts are tax deductible and we subscribe to the policies of the "Donors Bill of Rights" that state that all donor information is confidential and not shared.

VIEWPOINT

Reviewed by Marlene Katz, Donor Relations

Queen Sugar by Natalie Baszile

The original book was mostly autobiographical and a labor of love over 11 years. A single mom left her Los Angeles lifestyle and moved on a transformational journey to an 800 acre Louisiana sugar cane plantation during this era. She comes lacking any information as to sugar cane farming with all of its hazards. Her return is to a very large extended family with its reunions, advice and love. Dialogue moves rapidly. Things happen and she enchants you with her new lifestyle. Her half-brother, Ralph, complicates things. But her grandmother, Miss Honey, supports him in all things. In my view, do not see the movie of this lovely book. The movie version alters the book beyond recognition.

After receiving a master's degree from UCLA and an MFA from a writer's work shop, Baszile has certainly produced a successful book. She explores the various struggles especially related to a woman in this field and a black woman at that.

Thank you!

You help us provide services at *The Clinic!*, education programs like *Know It & Own It*, and advocacy for us all.

THE
Clinic!

At *The Clinic!* your sexual and reproductive health is *always* your choice.

Mondays 10:30-5:00
Wednesdays 11:00-6:00
530-521-3273 The Clinic!

120 Richardson St. Suite A, Grass Valley, CA 95945

800-714-8151 ~ 24/7
Women's Health Specialists